

BALIKESİR UNIVERSITY
FACULTY OF THEOLOGY
UNIVERSITY ELECTIVE COURSE PRESENTATION FORM

Department	Department of Philosophy and Religious Studies					
Course title	Spiritual Counselling and Care					
Semester of the Course	Winter ☒			Spring ☐		
Course Language Course	Turkish ☒			English ☐		
Credit	Theoric 2		Application 0		Total C 2	
ECTS	3					
Course Type of Study	Formal					
The aim of the course	To explain consultancy and guidance. To investigate relationship religion and counselling and care.					
Course Content	It includes borders and contents of the spiritual counselling and care.					
Prerequisites for the Course	None					
Instructors	Mustafa KOÇ			E-mail: mustafakoc@balikesir.edu.tr		
Course Assistant	---			E-mail :---		
Internship Status	---					
Course Resources	Textbook; Ömer Çolakoğlu, Manevi Rehberlik ve Ben Ötesi Psikolojisi Üzerine Paylaşımlar, Kaknüs Yayınları, İstanbul 2009. Additional references; Öznur Özdoğan, Mutluluğu Seçiyorum, Lotus Yayınevi, Ankara 2006. Öznur Özdoğan, İnsanı Anlamaya Yönelik Bir Yaklaşım: Pastoral Psikoloji, Ankara Üniversitesi İlahiyat Fakültesi Dergisi, Sayı: 2, 2006. Öznur Özdoğan, Ruhsal Yaklaşım ve İnsan, Tasavvuf: İlmi ve Akademik Araştırma Dergisi, Yıl: 6 Sayı: 15, 2005. Öznur Özdoğan, Tanrı-Sen ve Ben Üçümüzün Yolu, Pastoral Psikoloji ve Danışmanlığının Gerekliliği Üzerine, Din Bilimleri Akademik Araştırma Dergisi, Cilt: 10, Sayı: 2, 2010.					
Course Structure	---					
Planned Learning Activities and Methods	---					
Course Evaluation Criteria			Course ECTS Calculation Content			
Semester Studies	Number	Contribution (%) Activity	Number Duration	Total Work	Load	(Hours)
Midterm	1	40	Course Length	2	45+45	14 weeks x 2hours
Quiz			Out-of-Class			

			Work Time			
Homework			Midterm Exams	1	60	
continuation			Semester final exam	1	90	
Application			Total Work Load: 74 hours			
Project			ECTS Credit: 3			
Semester final exam	1	60				
Learning Outcomes of the Course		1 S/he knows consultancy and guidance subjects. 2 S/he knows pastoral psychology. 3 S/he knows relationship guidance and religion. 4 S/he knows relationship consultation and religion. 5 S/he knows consultancy methods. 6 S/he knows relationship spiritual counselling and psychology of religion.				
Course Subjects						
Week Subject	Preliminary				Preparation	Documents
1	Definition and aim of Counselling and its basic areas of interest					
2	History of psychological counselling and guidance					
3	Basic Principles of psychological counselling and guidance					
4	Different approaches about psychological counselling and guidance					
5	Individual Recognition Techniques					
6	Application areas in psychological counselling and guidance					
7	Spiritual counselling and care					
8	Midterm exam					
9	Different Approaches in Spiritual counselling and care					
10	Principles of Spiritual counselling and care					
11	The Emergency and Development of Spiritual Psychology					
12	Studying areas in Spiritual Psychology and close interdisciplinary					
13	The Psychology of Religion and Spiritual Psychology					
14	Final exam					
Contribution of the Course to Program Outcomes		S/he has the ability to understand the field of spiritual counselling and care. Understands and interprets religious texts and concepts related to the field. Distinguish the essential elements of religion from the human elements. It provides solutions to the religious / moral needs and problems in the framework of the basic resources of Islam. It has a critical perspective and self-improvement ability in line with the innovations and needs related to its field. It knows national, moral and moral values and shows attitudes and behaviors appropriate to the unifying and integrative role of these values in				



society.