

BALIKESİR UNIVERSITY
FACULTY OF THEOLOGY / HIGH SCHOOL
UNIVERSITY ELECTIVE COURSE PRESENTATION FORM

Department / Department	Theology Sufism					
Course title	Sufism Therapy					
Semester of the Course	Autumn			Bahar		
Course Language	English			İngilizce		
Credit	Teoric	2	Uygulama	0	Toplam Kredi	2
ECTS	3					
Course Type of Study	Formal					
The aim of the course	To recognize the place of Islamic thought, its contribution and the similarity between the mystical literature in other religions by recognizing the mystic literature. It is also to ensure that contemporary research on mysticism can be evaluated by scientific methods in the modern world.					
Course Content	To be able to examine the place of mystic sources among philosophical disciplines; To be able to analyze the effects of mystic works in the modern world; To be able to examine the place of mystic sources among philosophical disciplines; To be able to analyze the effects of mystic works in the modern world.					
Prerequisites for the Course	-					
Instructors	Dr. Faculty Member Esma SAYIN			mail : esmasayin16@gmail.com		
Course Assistant				mail :		
Internship Status	-					
Course Resources	1. Esma Sayın, Tasavvuf Terapisi, Nesil Publishing, İstanbul, 2014. 2. Mustafa Kara, Osmanlılarda Tasavvuf ve Tarikatlar, Ensar Publishing, İstanbul, 2008. 3. Ömer Yılmaz, Geçmişten Günümüze, Tasavvuf ve Tarikatlar, Akçag Publishing, Ankara, 2004.					
Course Structure	To be able to examine the place of mystic sources among philosophical disciplines;					
Planned Learning Activities and Methods	To examine, To analyze.					
Course Evaluation Criteria			Course ECTS Calculation Content			
Semester Studies	Number	Contribution (%) Activity	Number Duration	Total Work	Load	(Hours)
Midterm	1	40	Ders Süresi	2	45+45	14 week x 2 hour
Quiz			Sınıf Dışı Çalışma Süresi			
Homework			Ara Sınavlar	1	45	
continuation			Yarıyıl Sonu Sınavı	1	45	

Application			Toplam İş Yüğü : 74			
Project			AKTS Kredisi : 3			
Semester final exam	1	60				
Learning Outcomes of the Course		1. To be able to examine the place of mystic sources among philosophical disciplines; 2. To be able to analyze the effects of mystic works in the modern world; 3. To be able to examine the place of mystic sources among philosophical disciplines; 4. To be able to analyze the effects of mystic works in the modern world.				
Course Subjects						
Week Subject	Preliminary			Preparation	Documents	
1	Psychological and Therapeutic Effects of Piety					
2	Psychological and Therapeutic Effects of Uprightness					
3	Psychological and Therapeutic Effects of Repentance					
4	Psychological and Therapeutic Effects of Examination					
5	Psychological and Therapeutic Effects of Meditation					
6	Psychological and Therapeutic Effects of Liberty					
7	Psychological and Therapeutic Effects of Son of Time					
8	Psychological and Therapeutic Effects of Sincerity					
9	Psychological and Therapeutic Effects of Patience					
10	Psychological and Therapeutic Effects of Prayer					
11	Psychological and Therapeutic Effects of Modesty					
12	Psychological and Therapeutic Effects of Embarrassment					
13	Psychological and Therapeutic Effects of Trust in God					
14	Psychological and Therapeutic Effects of Sufistic Way of Understanding					
Contribution of the Course to Program Outcomes		1. To recognize the place of Islamic thought, its contribution and the similarity between the mystical literature in other religions by recognizing the mystic literature. 2. It is also to ensure that contemporary research on mysticism can be evaluated by scientific methods in the modern world				